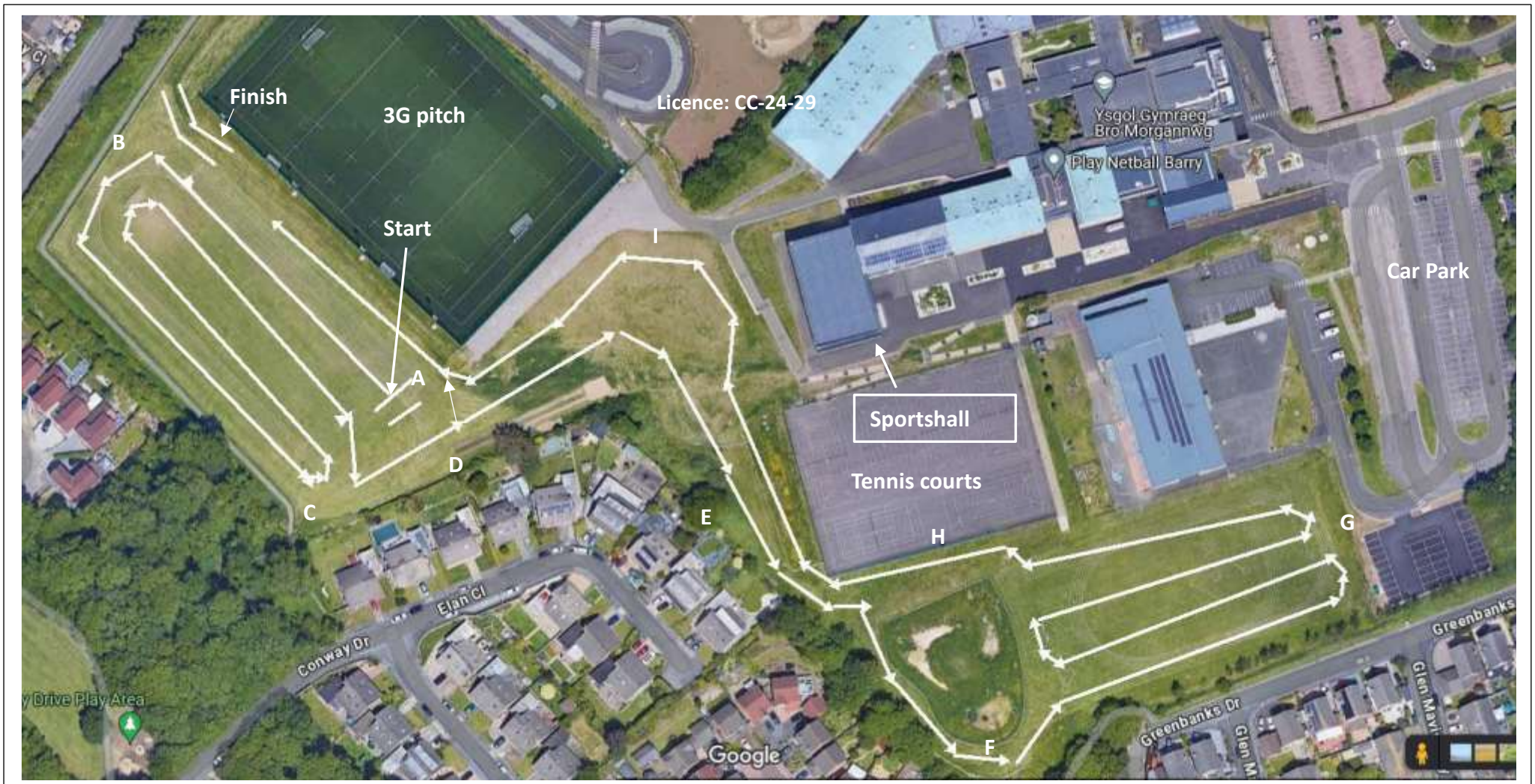


Cardiff & the Vale of Glamorgan Schools Athletics Association

Course Map for Girls' League 2 on Monday, October 6<sup>th</sup>, 2025 at YG Bro Morgannwg, Colcot Road, Barry CF62 8YU



Small lap = ABCDA = 500 metres; Big lap = ABCDEFGHIA = 1500 metres; A to the Finish = 100 metres

Timing and Courses for Girls' League 2 on Monday, October 6<sup>th</sup>, 2025

4.30 pm	<b>Race 1</b>	Under 14 Girls (years 8 & 9)	2 Big Laps from the start = 3100 metres
	<b>Race 2</b>	Under 12 Girls (year 7)	1 Small Lap + 1 big lap = 2100 metres
	<b>Race 3</b>	Under 19 Girls (years 10+)	1 Small Lap + 2 Big Laps = 3600 metres